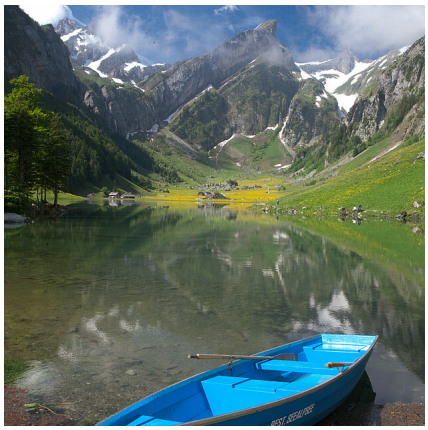
Appenzellerland.
appenzell.ch

HIKING RECOMMENDATION

THE MOUNTAIN LAKES OF THE ALPSTEIN

If you do the so-called "Dreiseenwanderung" you will have the chance to hike up to three different lakes in the alpine region. Spending the night in the Berggasthaus Meglisalp (mountain inn) or the Berggasthaus Bollenwees (mountain inn) enables you to split the hike up into a two-day hike. However, the hike is also doable in one day.



Starting from Wasserauen, after a walk along the Schwendibach River and a short climb up a paved road, Seealpsee will be the first lake you encounter. It is famous for its idyllic location, clean water and its two mountain inns. Therefore, Seealpsee is one of the most popular destinations in the Alpstein massif. At the end of the lake, the hike heads left up to the captivating little herdsman's village on Meglisalp. The path then continues up a steep way to Widderalpsattel and then down to Widderalp. By the steep cliffs of Hundstein in the north, the so-called Altmann to the west and the Kreuzberg mountains to the south, you can see the nearly pitch-black waters of the Fählensee Lake. The next and final lake, Sämtisersee, is an easy walk down the valley. Both the Fählensee and the Sämtisersee flow underground and do not reappear until they reach the Rhine Valley. From the Sämtisersee Lake, the hike continues uphill but descends quickly through the mystical Brüeltobel to Brülisau, the final destination.

Places along the route

Wasserauen – Seealpsee – Meglisalp – Widderalpsattel – Fählensee – Sämtisersee – Brülisau

CONTACT

Appenzellerland Tourismus AI
Hauptgasse 38 , 9050 Appenzell
Phone +41 71 788 96 41
info@appenzell.ch
www.appenzell.ch

MAP

SwitzerlandMobility

TYPE OF TOUR

Hiking in the mountain

DIFFICULTY

moderate

LENGTH

17.62 km

ASCENT

1194 m

DESCENT

1142 m

TIME

6 hours 45 minutes

STARTING POINT

Wasserauen, train station

END

Brülisau

OPTIONS TO EAT ALONG THE WAY

Inn Alpenrose
Berggasthaus Forelle
Berggasthaus Seealpsee
Berggasthaus Meglisalp
Berggasthaus Bollenwees
Berggasthaus Plattenbödeli
Rössli Brülisau

DOWNLOAD

- Drei-Seen-Wanderung.gpx (47 KB) gpx