

# HIKING RECOMMENDATION

# **OVER TWO BRIDGES THROUGH THE ROTBACHTOBEL**

This hike offers a variety of attractions all worth seeing. Both children and adults will enjoy the Wonnenstein Monastery, the confluence of the Rotbach and Sitter rivers, a bathing area and a waterfall on this hike.







The starting point of the trail is the so-called "Pilgrimage Church Maria Hilf" in Haslen. After the village square, turn left onto a meadow path past various traditional farmhouses. At the edge of the forest near the Auen property, the path branches out and you descend to the confluence of the Sitter and Rotbach rivers, where you reach the idyllic "Strom" bathing area at the border area of the cantons of Al (Appenzell Innerrhoden) and AR (Appenzell Auserrhoden). The trail leads over the Rotbach and uphill past the penal institution towards Teufen. After passing the Capuchin Nunnery of Wonnenstein (an exclave of Innerrhoden), hike straight on towards Höchfall and then descend to the stream. When you reach the bridge, it is worth taking a detour downstream to the Höchfall. There, the water plunges over a more than 20 metre high stone step into the depths. On the other side of the stream - again in Canton Al - the trail climbs to Hinterhaslen. At the second fork, turn left, cross the main road and follow it until the path leads through a wooded area to the beautiful Bildstöckli St. Wendelin. Haslen is now in sight and if you continue straight, you will reach the starting point.

Because of the iron lattice stairs, the trail is less suitable for dogs.

# Places along the route

Haslen - Braunbüel - Auen - Badeplatz Strom - Gmünden - Capuchin Nunnery Wonnenstein - Rotbach - Hinterhaslen - Hüsli - Haslen

### CONTACT

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MAP

 ${\bf Switzer land Mobility}$ 

TYPE OF TOUR

Hiking in the valley

DIFFICULTY

easy

LENGTH

9.44 km

**ASCENT** 

513 m

DESCENT

513 m

TIME

3 hours 7 minutes

STARTING POINT

Haslen

END

Haslen

## OPTIONS TO EAT ALONG THE WAY

- Restaurant Krone
- Restaurant Schäfli
- Restaurant Linde

### DOWNLOAD

• ueber\_zwei\_bruecken\_durchs\_rotbachtobel.gpx (47 KB) gpx